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## Objectives

- \* Provide an overview of Social Skills
- \* Define Social Skills Deficits
- \* Develop an understanding of how to teach Social Skills

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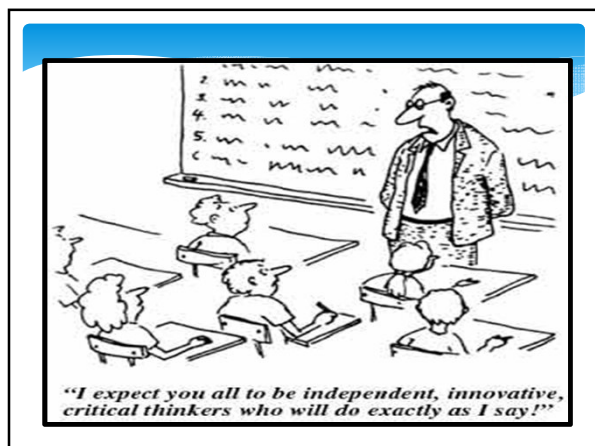
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## **Overview of Social Skills**

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## **Defining Social Skills**

- \* Set of skills people use to ***interact*** , relate and ***communicate***
- \* Includes both ***verbal*** and ***nonverbal*** forms of communication

### **Thinking, Seeing and Doing**

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## **What we KNOW about Social Skills**

- \* **LEARNED!!!!**
- \* Maintained by social reinforcement
- \* Discrete set of behaviors (OBSERVABLE and MEASUREABLE)
- \* Some students require EXPLICIT teaching

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### Many of OUR students...

- \* Never learned appropriate behaviors for interactions/lack practice
- \* Different value systems/behaviors
- \* Misread social cues/lack of awareness

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### Social Skills in the Classroom



1. Listen to others
2. Follow the steps
3. Follow the rules
4. Ignore distractions
5. Ask for help
6. Take turns when you talk
7. Get along with others
8. Stay calm with others
9. Be responsible for your behavior
10. Do nice things for others

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### Why do we TEACH?

- \* Impact academic performance
- \* Foster positive peer relations
- \* Impact on society
- \* Help to create a positive classroom environment

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## Understanding Deficits

Activity

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## Types of Social Skills Deficits

Skill Based	Student = <del>○</del> Knowledge of the Skill
Performance Based	Student + Skill = <del>○</del> Performance

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## Skill Based Deficits

**"CAN'T DO"**

**Lack of knowledge about the skill**

### Examples

- Not greeting others
- Ignores teachers signal
- May react physically vs. verbally
- Difficulty accepting feedback
- Interrupts
- Unaware of social boundaries
- Does not understand turn taking
- Difficulty understanding rules

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## Performance Based Deficits

**"WON'T DO"**

**Skill is present, but student fails to perform**

- Assumes the SKILL has been TAUGHT

### REASONS

- Student believes the skills are not useful
- New behavior does not have benefits (FUNCTION)
- Student feels unsuccessful
- Not enough opportunity for PRACTICE
- Instruction did not match social skill need

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## Teaching Social Skills

"Addressing Deficits"

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## Structuring the Classroom

### Helpful Tips

#### Assess

review IEPs, FBA, BIP, general observations, teacher rating scales

#### Planned activities

WHOLE group is PERFECT/SMALL GROUPS

#### Routine

DAILY! 15-20 minutes BUILD IT IN!!!

**PRACTICE & PROGRESS MONITORING!!!**

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Social Skills Deficit	Actions & Interventions
<b>Skill Based</b>	✓ Direct instruction of the desired social behavior
<b>Performance Based</b>	✓ Continued instruction ✓ Use reinforcement to increase student motivation and performance of the desired skill ✓ Provide multiple opportunities to practice across a wide range of settings ✓ Progress Monitoring and Feedback

### TEACHING GOAL:

*The student understands the skill(s) and demonstrates it consistently*

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## Skill Based "Tell, Show, Do"

**Ways to Teach:**

**Coach (tell)**  
Define and describe the skill –use of curriculum (one size does not fit all)

**Model (show)**  
Demonstrate the skill (teacher models)

**Role Play (do)**  
Teacher is an active coach using students as the models

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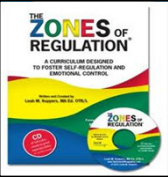

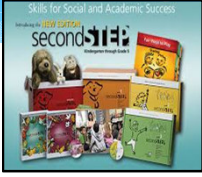
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## Skill Building Tools- Curriculum




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## Skill Building Tools-Supplemental Supports


**ANCHOR CHARTS**



**SOCIAL CIRCLES**



**TRADE BOOKS**



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## Online Resources

- \* **Role Playing**
- \* <http://www.cccoe.net/social/skillslist.htm>
- \* <http://pbiscompendium.ssd.k12.mo.us/ResourcesSchools/SSD/SocialSkills/activities.htm>
- \* <http://rubistar.4teachers.org/index.php?screen=NewRubric>

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## Performance Based "Practice, Reinforce & Monitor"

**Ways to Support:**

**PRACTICE**  
*Provide opportunity for natural practice in the classroom/setting*

**REINFORCE**  
*Implement reinforcement strategies to increase use of new skill*

**MONITOR**  
*Collect data on performance of skill and provide feedback*

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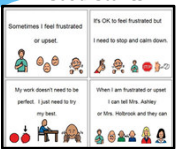
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## Performance Based Tools for Practice

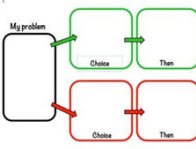
**Social Narratives/  
Social Stories**




**Interactive Board**



**Contingency Maps**



**Power Cards**



**Additional Ways to Promote Social Skill Interactions:**

- Board Games
- Group Work
- Class Jobs
- Recess

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## Performance Based Tools to Reinforce

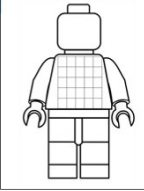
**Token Economy**



**Punch Cards**

1	20	19	18	17	16
2					15
3	PUNCH CARD				14
4					13
5					12
6					11
7	8	9	10	11	

**Sticker Charts**



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## Performance Based Tools to Monitor

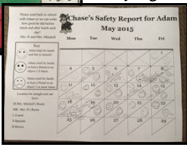
**Observations**

Activity:	Teacher:	Week:

**Check In/Check Out**



**Daily Log**



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## Got FRIENDS?

<http://www.youtube.com/watch?v=koxgIUhEG3U>

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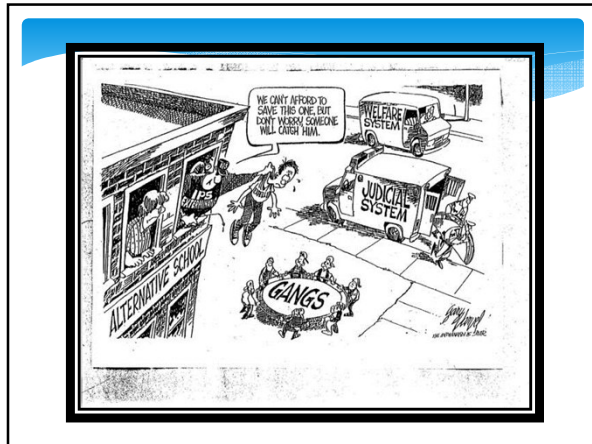
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## Questions and PRIZES!!!

**Shannon Dobson**  
Behavior Support Team  
sbdobson@wsfcs.k12.nc.us

**Cassie Robacker**  
Behavior Support Team  
crobacker@wsfcs.k12.nc.us

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